

XTERRA MARIN HEADLANDS XDURO  
Sausalito, California  
06/12/2010

\*\*\*\*\* 21K AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL 21K RUN RESULTS \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	186	Caitlin Smith	F	29	Oakland	CA	1:50:47	8:30
2	54	Caroline Cretti	F	26	San Francisco	CA	1:54:04	8:45
3	190	Lisa Heisinger	F	34	Santa Rosa	CA	2:01:50	9:21

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 20 to 24 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	119	Stacey Pearson	F	24	Los Angeles	CA	2:11:49	10:07
2	62	Margot Fahey	F	23	San Francisco	CA	2:25:49	11:11
3	162	Nicole Stephens	F	23	Fresno	CA	3:14:45	14:56

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 25 to 29 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	186	Caitlin Smith	F	29	Oakland	CA	1:50:47	8:30
2	54	Caroline Cretti	F	26	San Francisco	CA	1:54:04	8:45
3	79	Kendra Hargens	F	29	Santa Rosa	CA	2:15:13	10:22
4	38	Ceara Byrne	F	27	San Francisco	CA	2:48:11	12:54
5	86	Rachel Juarez	F	29	Santa Rosa	CA	2:49:14	12:59
6	175	Ashley Walton	F	26	San Francisco	CA	2:54:36	13:23
7	96	Pha Lo	F	29	San Francisco	CA	2:54:40	13:24
8	25	Jill Bjorklund	F	26	Sacramento	CA	2:58:09	13:40
9	153	Heather Singleton	F	27	Greenbrae	CA	3:00:34	13:51
10	172	Kristina Vigna	F	27	San Francisco	CA	3:03:51	14:06
11	39	Sarah Calkins	F	29	San Francisco	CA	3:06:40	14:19
12	127	Morgan Puckett	F	27	Austin	TX	3:08:07	14:25
13	69	Katie Garrett	F	28	Dallas	TX	3:08:07	14:25
14	56	Sarah Diaz	F	29	San Francisco	CA	3:09:00	14:30
15	164	Maisee Thao	F	28	Santa Barbara	CA	3:47:18	17:26

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 30 to 34 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	190	Lisa Heisinger	F	34	Santa Rosa	CA	2:01:50	9:21
2	113	Megan O'Donnell	F	32	San Francisco	CA	2:14:32	10:19
3	22	Sarah Beck	F	34	Walnut Creek	CA	2:16:19	10:27
4	70	Allison Gatti	F	34	Fairfax	CA	2:18:09	10:36
5	158	Trimble Spitzer	F	33	San Francisco	CA	2:26:34	11:14
6	48	Katie Christensen	F	34	San Francisco	CA	2:28:55	11:25
7	131	Sylvia Ravaglia	F	33	Kamuela	CA	2:30:18	11:32
8	163	Harmonie Sykes	F	34	Reno	NV	2:31:25	11:37

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\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 30 to 34 CONT. \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
9	107	Courtney Momsen	F	34	Belvedere	CA	2:40:11	12:17
10	18	Julia Bank	F	31	San Francisco	CA	3:04:59	14:11
11	84	Fannie Huang	F	31	San Mateo	CA	3:04:59	14:11
12	394	Elizabeth Hadley	F	30	San Francisco	CA	3:05:07	14:12
13	177	Elizabeth Wickman	F	34	San Francisco	CA	3:05:07	14:12
14	33	Catherine Bucher	F	30	San Francisco	CA	3:40:04	16:52
15	390	Hyacinth Delgado	F	31	San Francisco	CA	4:11:27	19:17
16	41	Cherise Carmody	F	33	Roseville	CA	4:13:18	19:25

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 35 to 39 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	73	Emilee Goldberg	F	35	San Francisco	CA	2:20:23	10:46
2	37	Amy Burr	F	39	Berkeley	CA	2:35:28	11:55
3	118	Sara Pasewark	F	35	San Rafael	CA	2:37:09	12:03
4	188	Amy Dunn-Ruize	F	37	Oakland	CA	2:46:54	12:48
5	63	Shea Fast	F	39	Columbia Falls	MT	3:00:55	13:52
6	133	Deborah Reichard	F	36	Killeen	TX	3:10:20	14:36
7	31	Summer Brill	F	36	Menlo Park	CA	3:26:47	15:51

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 40 to 44 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	179	Belinda Wood	F	41	Tiburon	CA	2:36:42	12:01
2	13	Tami Anderson	F	41	Sonoma	CA	2:37:01	12:02
3	24	Denise Biehn	F	44	San Francisco	CA	2:37:35	12:05
4	174	Barbara Walker	F	43	Larkspur	CA	2:38:01	12:07
5	126	Linda Powell	F	43	Susanville	CA	2:44:11	12:35
6	155	Sarah Solomon	F	40	San Francisco	CA	2:48:25	12:55
7	98	Kristie Lyons	F	40	Oakland	CA	3:05:12	14:12
8	130	Charlene Dan Raines	F	43	Thomaston	GA	3:37:06	16:39

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 45 to 49 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	94	Virginia Landin Nelson	F	45	Berkeley	CA	2:10:18	10:00
2	141	Bethy Ronces	F	46	Lafayette	CA	3:03:17	14:03
3	64	Kathleen Fazekas	F	49	San Francisco	CA	3:26:27	15:50
4	88	Jill Judd	F	48	Aptos	CA	3:49:46	17:37

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\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 50 to 54 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	380	Alana Henrickson	F	51	Campbell	CA	2:57:19	13:36

\*\*\*\*\* FEMALE 21K RUN AGE GROUP: 55 to 59 \*\*\*\*\*

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	396	Kate Morejohn	F	57	Davis	CA	3:09:45	14:33
2	161	Joan Steidinger	F	55	Mill Valley	CA	3:42:08	17:02