

XTERRA MARIN HEADLANDS XDURO
 Sausalito, California
 06/12/2010
 ***** 7K AWARDS LIST *****

***** MALE **OVERALL** 7K RUN RESULTS *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	265	Giovanni Guzman	M	21	Stevenson Ranch	CA	33:31	7:43
2	204	Jonathan Ahmann	M	19	Rancho Murrieta	CA	35:23	8:09
3	373	Dave Zaski	M	26	Reno	NV	37:16	8:35

***** 7K Age Group Awards **RUN AGE GROUP** RESULTS *****

***** MALE 7K RUN AGE GROUP: 10 to 14 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	242	Aaron Dowd	M	13	Torrance	CA	1:26:12	19:49

***** MALE 7K RUN AGE GROUP: 15 to 19 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	204	Jonathan Ahmann	M	19	Rancho Murrieta	CA	35:23	8:09
2	404	Luke D'Ambrosio	M	17	Fairfield	CA	1:09:07	15:54
3	400	Gabe Amparano	M	17	San Rafael	CA	1:09:58	16:05
4	401	Demetrius Borge	M	16	Tiburon	CA	1:10:19	16:10
5	408	Rodrigo Marcia	M	16	Daly City	CA	1:11:06	16:21
6	409	Jeremy McNamara	M	16	Novato	CA	1:23:26	19:11
7	403	Tyler Brown	M	17	Tiburon	CA	1:24:44	19:29
8	412	Alexander Sheehy	M	17	San Francisco	CA	1:40:45	23:10

***** MALE 7K RUN AGE GROUP: 20 to 24 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	265	Giovanni Guzman	M	21	Stevenson Ranch	CA	33:31	7:43
2	239	Matthew Doehne	M	20	Roseville	CA	1:38:08	22:34
3	393	Chris Dobbins	M	24	Oakland	CA	1:47:49	24:48

***** MALE 7K RUN AGE GROUP: 25 to 29 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	373	Dave Zaski	M	26	Reno	NV	37:16	8:35
2	320	Austin Park	M	28	Palo Alto	CA	41:16	9:30
3	234	David Cuevas	M	26	San Mateo	CA	41:21	9:31
4	248	Wayne Everbeck	M	27	San Anselmo	CA	41:27	9:32
5	330	Justin Putney	M	29	Mill Valley	CA	42:56	9:53
6	202	Jacob Acmoody	M	29	Sacramento	CA	45:02	10:22
7	301	Henry Meier	M	25	Los Angeles	CA	46:47	10:46
8	363	Martin Vigo	M	29	San Francisco	CA	51:31	11:51
9	300	Michael McCarthy	M	26	Emeryville	CA	1:04:24	14:49
10	261	Ravi Goswami	M	29	San Bruno	CA	1:13:07	16:49
11	346	Birendra Singh	M	28	San Bruno	CA	1:13:10	16:50

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***** MALE 7K RUN AGE GROUP: 30 to 34 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	417	Aaron Binkley	M	34	San Francisco	CA	38:19	8:49
2	291	Ryan Maeda	M	34	Salinas	CA	46:00	10:35
3	319	Sreekanth Pandurangarao	M	33	San Bruno	CA	46:22	10:40
4	353	Will Sundquist	M	32	Los Gatos	CA	47:24	10:54
5	399	Ben Moomey	M	34	Brentwood	CA	49:45	11:27
6	391	Tom Suiter	M	30	San Francisco	CA	50:05	11:31
7	217	Andy Beck	M	32	Walnut Creek	CA	50:17	11:34
8	293	Ryan Manuel	M	34	Union City	CA	59:44	13:44
9	372	Skot York	M	32	Menlo Park	CA	1:00:17	13:52
10	246	Carl Ettinger	M	34	Opelika	AL	1:00:42	13:58
11	375	Jeremia Bargar	M	34	San Francisco	CA	1:02:27	14:22
12	313	Xyrone Ocampo	M	34	Marina	CA	1:08:02	15:39
13	311	Mike Nickelson	M	33	Greenbrae	CA	1:16:15	17:32
14	395	Jonah Weaver	M	33	San Francisco	CA	1:22:41	19:01

***** MALE 7K RUN AGE GROUP: 35 to 39 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	414	Brian Allen	M	35	Oakland	CA	41:44	9:36
2	295	Robert Martinez	M	36	Fresno	CA	42:08	9:42
3	227	Simon Bucktrout	M	39	San Francisco	CA	44:59	10:21
4	224	Adrian Brinton	M	39	San Francisco	CA	45:22	10:26
5	274	Roy Hom	M	39	San Francisco	CA	45:42	10:31
6	244	Amr El-Shimi	M	35	San Francisco	CA	46:16	10:39
7	366	John Wang	M	35	San Francisco	CA	52:28	12:04
8	315	Michael O'Neill	M	35	Petaluma	CA	57:09	13:09
9	225	Kevin Bronson-Castai	M	38	Lafayette	CA	58:16	13:24
10	240	Chris Douglas	M	36	Alameda	CA	1:04:27	14:49
11	342	Mike Saviez	M	36	Calistoga	CA	1:06:32	15:18
12	205	Baris Akyurt	M	37	San Francisco	CA	1:07:47	15:35

***** MALE 7K RUN AGE GROUP: 40 to 44 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	329	John Prosser	M	43	Mill Valley	CA	37:49	8:42
2	306	J.R. Mintz	M	44	Santa Clara	CA	40:04	9:13
3	279	Dan Kovacevic	M	41	Cleveland	OH	47:24	10:54
4	270	John Hemann	M	44	San Francisco	CA	56:09	12:55
5	324	Joseph Pinkowski	M	44	Oakland	CA	1:03:12	14:32
6	236	Anthony D'Ambrosio	M	44	Fairfield	CA	1:33:59	21:37

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***** MALE 7K RUN AGE GROUP: 45 to 49 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	21	Stephen Beale	M	48	Novato	CA	53:21	12:16
2	238	Timothy Dion	M	45	San Jose	CA	1:12:57	16:47

***** MALE 7K RUN AGE GROUP: 50 to 54 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	223	Carl Bresette	M	53	Vacaville	CA	48:18	11:07
2	345	Victor Sibbaluca	M	50	Petaluma	CA	48:24	11:08
3	354	David Taylor-Garcia	M	50	Mililani	HI	58:07	13:22
4	275	Robert Hurtado	M	50	Suisun City	CA	1:00:00	13:48
5	235	Fausto Cuizon	M	53	Hercules	CA	1:08:22	15:43
6	277	David Kavanaugh	M	54	Hercules	CA	1:09:33	16:00

***** MALE 7K RUN AGE GROUP: 55 to 59 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	249	Calvin Fong	M	58	Woodland	CA	50:12	11:33
2	336	Allan Rosenthal	M	55	San Francisco	CA	1:00:15	13:51
3	398	David Borger	M	56	Tiburon	CA	1:11:55	16:32

***** MALE 7K RUN AGE GROUP: 65 to 69 *****

Place	Bib	Name	S	USATF	City	St	Time	Pace
1	266	Richard Harvey	M	66	Markleeville	CA	59:40	13:43
2	361	Robert Vancleve	M	68	Reno	NV	1:13:41	16:57