



# XTERRA

## TRAIL RUN

### NORCAL SERIES

## 2010 XTERRA NorCal Trail Run Series Points

As of June 30, 2010 - FINAL

Points are awarded to the top 15 in each age group at each race listed below. All three races in the series count for your total. Must finish at least two races to earn points toward final standings. Regional Champions shown in Yellow

Regional Champions=Yellow

\*XTERRA racing age based on your age on December 31, 2010.

| Male 15-19        |                  |                 |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
|-------------------|------------------|-----------------|--------------|------------|----------------|---------------------|------------------------|--------------|
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| Nicholas          | Ros              | Los Angeles     | CA           | 17         |                |                     | 100                    | 100          |
| Jonathan          | Huerta           | Foresthill      | CA           | 15         | 100            |                     |                        | 100          |
| Female 20-24      |                  |                 |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| Nicole            | Stephens         | Fresno          | CA           | 23         | 82             |                     | 82                     | 164          |
| Stacey            | Pearson          | Los Angeles     | CA           | 24         |                |                     | 100                    | 100          |
| Peggy             | O'Donnell        |                 |              | 24         |                | 100                 |                        | 100          |
| Harmony           | Hilderbrand      | Carson City     | NV           | 22         | 100            |                     |                        | 100          |
| Margot            | Fahey            | San Francisco   | CA           | 23         |                |                     | 90                     | 90           |
| Janet             | Lopez            | Stockton        | CA           | 24         | 90             |                     |                        | 90           |
| Male 20-24        |                  |                 |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| David             | Zevely           | Stockton        | CA           | 23         | 90             | 100                 | 82                     | 272          |
| Evan              | Sparling         | San Francisco   | CA           | 24         |                |                     | 100                    | 100          |
| Jake              | McCain           | Reno            | NV           | 20         | 100            |                     |                        | 100          |
| Mason             | Quist            | West Point      | UT           | 23         |                |                     | 90                     | 90           |
| Matthew           | Hall             | Stockton        | CA           | 24         |                |                     | 75                     | 75           |
| Female 25-29      |                  |                 |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| Wendy             | Marrufo          | San Mateo       | CA           | 27         | 100            | 82                  |                        | 182          |
| Caitlin           | Smith            | Oakland         | CA           | 29         |                |                     | 100                    | 100          |
| Mara              | Jennings         | Menlo Park      | CA           | 29         |                | 100                 |                        | 100          |
| Caroline          | Cretti           | San Francisco   | CA           | 26         |                |                     | 90                     | 90           |
| Kalisha           | Donnelly         | Vallejo         | CA           | 27         |                | 90                  |                        | 90           |
| Valerie           | Tillman          | Rio Linda       | CA           | 27         | 90             |                     |                        | 90           |
| Kendra            | Hargens          | Santa Rosa      | CA           | 29         |                |                     | 82                     | 82           |
| Ashley            | Weston           | Antelope        | CA           | 27         | 82             |                     |                        | 82           |
| Ceara             | Byrne            | San Francisco   | CA           | 27         |                |                     | 75                     | 75           |
| Lauren            | Carara           | San Mateo       | CA           | 26         |                | 75                  |                        | 75           |
| Meghan            | Slavensky        | El Dorado Hills | CA           | 25         | 75             |                     |                        | 75           |
| Rachel            | Juarez           | Santa Rosa      | CA           | 29         |                |                     | 69                     | 69           |
| Roberta           | Hannibal         | Oakland         | CA           | 29         |                | 69                  |                        | 69           |
| Ashley            | Walton           | San Francisco   | CA           | 26         |                |                     | 63                     | 63           |
| Laura             | Nayman           | Austin          | TX           | 28         |                | 63                  |                        | 63           |
| Pha               | Lo               | San Francisco   | CA           | 29         |                |                     | 58                     | 58           |
| Jill              | Bjorklund        | Sacramento      | CA           | 26         |                |                     | 53                     | 53           |
| Heather           | Singleton        | Greenbrae       | CA           | 27         |                |                     | 49                     | 49           |
| Kristina          | Vigna            | San Francisco   | CA           | 27         |                |                     | 45                     | 45           |
| Sarah             | Calkins          | San Francisco   | CA           | 29         |                |                     | 41                     | 41           |
| Katie             | Garrett          | Dallas          | TX           | 28         |                |                     | 37                     | 37           |
| Morgan            | Puckett          | Austin          | TX           | 27         |                |                     | 34                     | 34           |
| Sarah             | Diaz             | San Francisco   | CA           | 29         |                |                     | 31                     | 31           |
| Maisee            | Thao             | Santa Barbara   | CA           | 28         |                |                     | 28                     | 28           |
| Male 25-29        |                  |                 |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |

| Omar     | Parra       | Stockton         | CA | 26 | 100 | 82  | 100 | 282 |
|----------|-------------|------------------|----|----|-----|-----|-----|-----|
| Sam      | Robinson    | Berkeley         | CA | 25 |     | 100 | 82  | 182 |
| Sean     | Kievning    | Redondo Beach    | CA | 26 |     | 90  | 75  | 165 |
| Nicholas | Connolly    | Reno             | NV | 27 | 63  | 53  | 45  | 161 |
| Chris    | Cosmi       | South Lake Tahoe | CA | 25 | 82  | 75  |     | 157 |
| Justin   | Morejohn    | Davis            | CA | 29 |     |     | 90  | 90  |
| Alex     | Nickel      | Reno             | NV | 27 | 90  |     |     | 90  |
| Mark     | Assenmacher | Rocklin          | CA | 28 | 75  |     |     | 75  |
| Jonas    | Jacobson    | San Francisco    | CA | 28 |     |     | 69  | 69  |
| Luke     | Stefurak    | Mountain View    | CA | 25 |     | 69  |     | 69  |
| Cody     | Mesec       | Roseville        | CA | 26 | 69  |     |     | 69  |
| Andy     | Tu          | Los Angeles      | CA | 29 |     |     | 63  | 63  |
| Andy     | Burnes      | Oakland          | CA | 29 |     | 63  |     | 63  |
| Sean     | Rudden      | Larkspur         | CA | 28 |     |     | 58  | 58  |
| Jeffrey  | Wong        | San Francisco    | CA | 27 |     | 58  |     | 58  |
| Nicholas | Zubach      | Portland         | OR | 25 | 58  |     |     | 58  |
| Nicholas | Schiller    | West Sacramento  | CA | 28 |     |     | 53  | 53  |
| Kevin    | Estes       | Turlock          | CA | 27 | 53  |     |     | 53  |
| Jerome   | Bragdon     | San Francisco    | CA | 29 |     |     | 49  | 49  |
| Claudio  | Oviedo      | Salinas          | CA | 25 | 49  |     |     | 49  |
| Eddie    | Ballisty    | Sacramento       | CA | 28 | 45  |     |     | 45  |
| Kyle     | Pennell     | San Francisco    | CA | 26 |     |     | 41  | 41  |
| Paul     | Manzano     | Gardnerville     | NV | 29 | 41  |     |     | 41  |
| Steve    | Kominsky    | Medford          | OR | 27 |     |     | 37  | 37  |
| William  | Webb        | Salinas          | CA | 29 | 37  |     |     | 37  |
| Nicolas  | Barcelo     | Sunnyvale        | CA | 27 |     |     | 34  | 34  |
| Earl     | Hege        | San Francisco    | CA | 28 |     |     | 31  | 31  |
| David    | Thao        | North Highlands  | CA | 29 |     |     | 28  | 28  |

**Female 30-34**

**Chanoko (21km) Redwood Peak (17km) Marin Headlands (21km)**

| First Name | Last Name   | City           | State | Age | Race #1 | Race #2 | Race #3 | Total |
|------------|-------------|----------------|-------|-----|---------|---------|---------|-------|
| Sarah      | Beck        | Walnut Creek   | CA    | 34  | 100     | 100     | 82      | 282   |
| Katie      | Christensen | San Francisco  | CA    | 34  | 90      |         | 63      | 153   |
| Melanie    | Bocanegra   | San Mateo      | CA    | 30  | 63      | 58      |         | 121   |
| Lisa       | Heisinger   | Santa Rosa     | CA    | 34  |         |         | 100     | 100   |
| Megan      | O'Donnell   | San Francisco  | CA    | 32  |         |         | 90      | 90    |
| Molly      | Fuller      | San Francisco  | CA    | 34  |         | 90      |         | 90    |
| Haley      | Juno-Galdes | Menlo Park     | CA    | 33  |         | 82      |         | 82    |
| Alyssa     | Farley      | Rancho Cordova | CA    | 30  | 82      |         |         | 82    |
| Allison    | Gatti       | Fairfax        | CA    | 34  |         |         | 75      | 75    |
| Allison    | Gigliotti   | Berkeley       | CA    | 30  |         | 75      |         | 75    |
| Heidi      | Rounds      | Folsom         | CA    | 30  | 75      |         |         | 75    |
| Trimble    | Spitzer     | San Francisco  | CA    | 33  |         |         | 69      | 69    |
| Isabelle   | Philipp     | Kensington     | CA    | 32  |         | 69      |         | 69    |
| Lori       | Cashio      | Fair Oaks      | CA    | 33  | 69      |         |         | 69    |
| Danielle   | Liubicich   | El Cerrito     | CA    | 32  |         | 63      |         | 63    |
| Sylvia     | Ravaglia    | Kamuela        | HI    | 33  |         |         | 58      | 58    |
| Junay      | Skinner     | Seaside        | CA    | 32  | 58      |         |         | 58    |
| Harmonie   | Sykes       | Reno           | NV    | 34  |         |         | 53      | 53    |
| Andrea     | Wills       |                |       | 30  |         | 53      |         | 53    |
| Wendy      | Hermes      | Sacramento     | CA    | 34  | 53      |         |         | 53    |
| Courtney   | Momsen      | Belvedere      | CA    | 34  |         |         | 49      | 49    |
| Kristy     | Smith       | Sacramento     | CA    | 32  |         | 49      |         | 49    |
| Heather    | Ogden       | Modesto        | CA    | 31  | 49      |         |         | 49    |
| Julia      | Bank        | San Francisco  | CA    | 31  |         |         | 45      | 45    |
| Marianne   | Bulaong     | San Bruno      | CA    | 32  |         | 45      |         | 45    |
| Cindy      | Rowe        | Modesto        | CA    | 34  | 45      |         |         | 45    |
| Fannie     | Huang       | San Mateo      | CA    | 31  |         |         | 41      | 41    |
| Meredith   | Protas      | Berkeley       | CA    | 33  |         | 41      |         | 41    |
| Gabrielle  | Carter      | Antelope       | CA    | 31  | 41      |         |         | 41    |
| Elizabeth  | Wickman     | San Francisco  | CA    | 34  |         |         | 37      | 37    |
| Laura      | Unger       | Berkeley       | CA    | 32  |         | 37      |         | 37    |
| Christine  | Cheng       | Sacramento     | CA    | 30  | 37      |         |         | 37    |
| Elizabeth  | Hadley      | San Francisco  | CA    | 30  |         |         | 34      | 34    |
| Jennifer   | Franks      |                | CA    | 34  |         | 34      |         | 34    |
| Laura      | Odabashian  | Newcastle      | CA    | 32  | 34      |         |         | 34    |
| Catherine  | Bucher      | San Francisco  | CA    | 30  |         |         | 31      | 31    |
| Brianne    | Kleiner     | Grants Pass    | OR    | 30  | 31      |         |         | 31    |

|          |         |               |    |    |  |  |    |    |
|----------|---------|---------------|----|----|--|--|----|----|
| Hyacinth | Delgado | San Francisco | CA | 30 |  |  | 28 | 28 |
|----------|---------|---------------|----|----|--|--|----|----|

**Male 30-34**

|                   |                  |                      |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
|-------------------|------------------|----------------------|--------------|------------|----------------|---------------------|------------------------|--------------|
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>          | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| <b>Ed</b>         | <b>Carter</b>    | <b>San Francisco</b> | <b>CA</b>    | <b>34</b>  | <b>63</b>      | <b>82</b>           | <b>82</b>              | <b>227</b>   |
| Stephen           | Cesar            | Brentwood            | CA           | 33         | 69             | 69                  |                        | 138          |
| Zachary           | Martinez         | Linden               | CA           | 30         | 58             |                     | 58                     | 116          |
| Alexander         | Gaber            | San Francisco        | CA           | 30         |                |                     | 100                    | 100          |
| Ryan              | Galdes           | Menlo Park           | CA           | 33         |                | 100                 |                        | 100          |
| Jeffrey           | Moreland         | Reno                 | NV           | 33         | 100            |                     |                        | 100          |
| Seth              | Timen            | San Francisco        | CA           | 32         |                |                     | 90                     | 90           |
| Andy              | Sulak            | Concord              | CA           | 34         |                | 90                  |                        | 90           |
| Kirk              | Ferris           | Reno                 | NV           | 30         | 90             |                     |                        | 90           |
| Keith             | Jamtaas          | Sacramento           | CA           | 31         | 82             |                     |                        | 82           |
| Jeremy            | Wilbur           | Berkeley             | CA           | 32         |                |                     | 75                     | 75           |
| Eric              | Miller           | Lafayette            | CA           | 31         |                | 75                  |                        | 75           |
| Andres            | Rosales          | Sacramento           | CA           | 33         | 75             |                     |                        | 75           |
| Ryan              | Mowbray          | Pacifica             | CA           | 31         |                |                     | 69                     | 69           |
| Armando           | Torres           | Richmond             | CA           | 34         |                |                     | 63                     | 63           |
| Anthony           | Froerer          | Huntsville           | UT           | 31         |                | 63                  |                        | 63           |
| Israel            | Alarid           | Chula Vista          | CA           | 34         |                | 58                  |                        | 58           |
| Gabriel           | Posner           | San Francisco        | CA           | 30         |                |                     | 53                     | 53           |
| Terence           | Whalen           | San Francisco        | CA           | 31         |                | 53                  |                        | 53           |
| Ryan              | DeMar            | Granite Bay          | CA           | 32         | 53             |                     |                        | 53           |
| Nathan            | Lipscomb         | Menlo Park           | CA           | 34         |                |                     | 49                     | 49           |
| Ciro              | Nishiguchi       | Austin               | TX           | 33         |                | 49                  |                        | 49           |
| Chad              | Elliott          | Coleville            | CA           | 31         | 49             |                     |                        | 49           |
| Billy             | Gray             | Fresno               | CA           | 34         |                |                     | 45                     | 45           |
| Timothy           | DiCarlo          | Merced               | CA           | 34         |                | 45                  |                        | 45           |
| Jon               | Lucchesi         | Chico                | CA           | 30         | 45             |                     |                        | 45           |
| Gerardo           | Juarez           | Santa Rosa           | CA           | 30         |                |                     | 41                     | 41           |
| Andrew            | Fields           | Granite Bay          | CA           | 30         | 41             |                     |                        | 41           |
| Alastair          | Coomer           | Oakland              | CA           | 31         |                |                     | 37                     | 37           |
| Colin             | Bjorklund        | Sacramento           | CA           | 31         |                |                     | 34                     | 34           |
| Jose              | Alas             | Santa Rosa           | CA           | 34         |                |                     | 31                     | 31           |
| David             | Sharp            | San Francisco        | CA           | 31         |                |                     | 28                     | 28           |

**Female 35-39**

|                   |                  |                |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
|-------------------|------------------|----------------|--------------|------------|----------------|---------------------|------------------------|--------------|
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>    | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| Emilee            | Goldberg         | San Francisco  | CA           | 35         |                |                     | 100                    | 100          |
| Jennifer          | Joynt            |                |              | 39         |                | 100                 |                        | 100          |
| Sarah             | Raitter          | Reno           | NV           | 38         | 100            |                     |                        | 100          |
| Amy               | Burr             | Berkeley       | CA           | 39         |                |                     | 90                     | 90           |
| Erin              | Daly             | Alameda        | CA           | 38         |                | 90                  |                        | 90           |
| Elizabeth         | Scott            | Reno           | NV           | 37         | 90             |                     |                        | 90           |
| Sarah             | Pasewark         | San Rafael     | CA           | 35         |                |                     | 82                     | 82           |
| Jessica           | Grieco-Casey     | Menlo Park     | CA           | 37         |                | 82                  |                        | 82           |
| Rachel            | Hart             | Reno           | NV           | 39         | 82             |                     |                        | 82           |
| Amy               | Dunn-Ruiz        | Oakland        | CA           | 37         |                |                     | 75                     | 75           |
| Jennifer          | Alcaidz          | Piedmont       | CA           | 37         |                | 75                  |                        | 75           |
| Kellie            | Fullmer          | Manteca        | CA           | 37         | 75             |                     |                        | 75           |
| Shea              | Fast             | Columbia Falls | MT           | 39         |                |                     | 69                     | 69           |
| Maureen           | Kelleher         | Woodland       | CA           | 39         |                | 69                  |                        | 69           |
| Tracy             | Christman        | West Jordan    | UT           | 39         | 69             |                     |                        | 69           |
| Deborah           | Reichard         | Kileen         | TX           | 36         |                |                     | 63                     | 63           |
| Sarah             | Madams           | Elk Grove      | CA           | 36         |                | 63                  |                        | 63           |
| Summer            | Brill            | Menlo Park     | CA           | 36         |                |                     | 58                     | 58           |

**Male 35-39**

|                   |                  |                  |              |            | Chanoko (21km) | Redwood Peak (17km) | Marin Headlands (21km) |              |
|-------------------|------------------|------------------|--------------|------------|----------------|---------------------|------------------------|--------------|
| <u>First Name</u> | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u>      | <u>Race #3</u>         | <u>Total</u> |
| <b>Carlos</b>     | <b>Carriedo</b>  | <b>Palo Alto</b> | <b>CA</b>    | <b>35</b>  | <b>90</b>      | <b>58</b>           |                        | <b>148</b>   |
| Joshua            | Froerer          | San Mateo        | CA           | 37         |                | 82                  | 49                     | 131          |
| Jonathan          | Spitzer          | San Francisco    | CA           | 35         |                |                     | 100                    | 100          |
| Justin            | Thomas           | Reno             | NV           | 35         |                | 100                 |                        | 100          |
| Danny             | Perez            | Carmichael       | CA           | 37         | 100            |                     |                        | 100          |
| Michael           | Cottini          | Sausalito        | CA           | 35         |                |                     | 90                     | 90           |
| Matthew           | Lodewick         | Moraga           | CA           | 39         |                | 90                  |                        | 90           |
| Ryan              | Bartling         | Sausalito        | CA           | 37         |                |                     | 82                     | 82           |

|          |            |                 |    |    |    |    |    |  |    |
|----------|------------|-----------------|----|----|----|----|----|--|----|
| Jim      | Hamill     | Sacramento      | CA | 38 | 82 |    |    |  | 82 |
| Scott    | Robinson   | Huntington Bch  | CA | 35 |    |    | 75 |  | 75 |
| Michael  | Rhee       | San Francisco   | CA | 35 |    | 75 |    |  | 75 |
| John     | Ledger     | Elk Grove       | CA | 39 | 75 |    |    |  | 75 |
| George   | Kovacs     | Woodland Hills  | CA | 38 |    |    | 69 |  | 69 |
| Nicholas | Froerer    | Eden            | UT | 35 |    | 69 |    |  | 69 |
| Steven   | Garland    | Loomis          | CA | 37 | 69 |    |    |  | 69 |
| Jon-Paul | Momsen     | Belvedere       | CA | 36 |    |    | 63 |  | 63 |
| Eric     | Hernandez  | Vallejo         | CA | 37 |    | 63 |    |  | 63 |
| Kyle     | Hoffman    | Gardnerville    | NV | 37 | 63 |    |    |  | 63 |
| Mark     | Ravaglia   | Kamuela         | HI | 39 |    |    | 58 |  | 58 |
| James    | Richardson | San Diego       | CA | 36 | 58 |    |    |  | 58 |
| Erwin    | Rodrillo   | Tracy           | CA | 35 |    |    | 53 |  | 53 |
| Diego    | Castillo   | New York        | NY | 35 |    | 53 |    |  | 53 |
| Hector   | Munoz      | Hayward         | CA | 39 |    | 49 |    |  | 49 |
| Thomas   | Russell    | Larkspur        | CA | 37 |    |    | 45 |  | 45 |
| Dan      | Sherbeck   | Santa Clara     | CA | 37 |    | 45 |    |  | 45 |
| Joel     | Hagedorn   | Oakland         | CA | 37 |    |    | 41 |  | 41 |
| Sal      | Martinez   | Montebello      | CA | 39 |    | 41 |    |  | 41 |
| Richard  | Chairez    | Ridgecrest      | CA | 38 |    |    | 37 |  | 37 |
| David    | Stafford   | Oakland         | CA | 35 |    | 37 |    |  | 37 |
| Matt     | Muiton     | Concord         | CA | 36 |    |    | 34 |  | 34 |
| Bryan    | Bach       | Livermore       | CA | 38 |    | 34 |    |  | 34 |
| Joe      | Fast       | Highlands Ranch | CA | 38 |    |    | 31 |  | 31 |
| Carlos   | Sanchez    | Sonoma          | CA | 37 |    | 31 |    |  | 31 |
| Matt     | Carpenter  | Carmichael      | CA | 38 |    |    | 28 |  | 28 |

**Female 40-44**
**Chanoko (21km) Redwood Peak (17km) Marin Headlands (21km)**

| <u>First Name</u> | <u>Last Name</u> | <u>City</u>         | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u> | <u>Race #3</u> | <u>Total</u> |
|-------------------|------------------|---------------------|--------------|------------|----------------|----------------|----------------|--------------|
| <b>Tatjana</b>    | <b>Trout</b>     | <b>Meadow Vista</b> | <b>CA</b>    | <b>43</b>  | <b>90</b>      | <b>100</b>     |                | <b>190</b>   |
| Belinda           | Wood             | Tiburon             | CA           | 41         |                |                | 100            | 100          |
| Vicky             | Shea             | Reno                | NV           | 43         | 100            |                |                | 100          |
| Tami              | Anderson         | Sonoma              | CA           | 41         |                |                | 90             | 90           |
| Ellen             | Fletcher         | San Ramon           | CA           | 43         |                | 90             |                | 90           |
| Denise            | Biehn            | San Francisco       | CA           | 44         |                |                | 82             | 82           |
| Gina              | Clemens          | San Ramon           | CA           | 40         |                | 82             |                | 82           |
| Karen             | Kukoda           | El Dorado Hills     | CA           | 42         | 82             |                |                | 82           |
| Barbara           | Walker           | Larkspur            | CA           | 43         |                |                | 75             | 75           |
| Lesley            | Russell          | Napa                | CA           | 43         |                | 75             |                | 75           |
| Laura             | Reinhard         | South Lake Tahoe    | CA           | 41         | 75             |                |                | 75           |
| Linda             | Powell           | Susanville          | CA           | 43         |                |                | 69             | 69           |
| Lisa              | DeBruin          | Napa                | CA           | 41         |                | 69             |                | 69           |
| Maricel           | Brady            | South Lake Tahoe    | CA           | 40         | 69             |                |                | 69           |
| Sarah             | Solomon          | San Francisco       | CA           | 40         |                |                | 63             | 63           |
| Elizabeth         | Montegue         | Plummas Lake        | CA           | 42         | 63             |                |                | 63           |
| Kristie           | Lyons            | Oakland             | CA           | 40         |                |                | 58             | 58           |
| Charlene          | Raines           | Thomaston           | GA           | 43         |                |                | 53             | 53           |

**Male 40-44**
**Chanoko (21km) Redwood Peak (17km) Marin Headlands (21km)**

| <u>First Name</u> | <u>Last Name</u> | <u>City</u>          | <u>State</u> | <u>Age</u> | <u>Race #1</u> | <u>Race #2</u> | <u>Race #3</u> | <u>Total</u> |
|-------------------|------------------|----------------------|--------------|------------|----------------|----------------|----------------|--------------|
| <b>Dan</b>        | <b>Luscher</b>   | <b>San Francisco</b> | <b>CA</b>    | <b>44</b>  | <b>82</b>      | <b>90</b>      | <b>90</b>      | <b>262</b>   |
| Ricardo           | Balazs           | San Francisco        | CA           | 42         |                | 69             | 82             | 151          |
| Jeffrey           | Hatchell         | Oakland              | CA           | 43         |                | 75             | 45             | 120          |
| Shawne            | Camp             | Redwood City         | CA           | 43         |                | 53             | 53             | 106          |
| Richard           | Blanco           | San Francisco        | CA           | 42         |                |                | 100            | 100          |
| Tim               | Porter           | San Ramon            | CA           | 43         |                | 100            |                | 100          |
| Bill              | Raitter          | Reno                 | NV           | 40         | 100            |                |                | 100          |
| Jeffrey           | Kauffman         | Carmichael           | CA           | 43         | 90             |                |                | 90           |
| Christian         | Froerer          | Holladay             | UT           | 42         |                | 82             |                | 82           |
| Joe               | Harkin           |                      |              | 40         |                |                | 75             | 75           |
| Geoff             | Butler           | Sacramento           | CA           | 40         | 75             |                |                | 75           |
| Andrew            | Solomon          | San Francisco        | CA           | 42         |                |                | 69             | 69           |
| Paul              | Sciuto           | South Lake Tahoe     | CA           | 44         | 69             |                |                | 69           |
| Joseph            | Bootier          | Santa Rosa           | CA           | 42         |                |                | 63             | 63           |
| John              | Madden           | Walnut Creek         | CA           | 40         |                | 63             |                | 63           |
| Marc              | Burris           | Roseville            | CA           | 40         | 63             |                |                | 63           |
| Daniel            | Braun            | San Francisco        | CA           | 43         |                |                | 59             | 59           |
| Christopher       | Baker            | San Francisco        | CA           | 43         |                |                | 58             | 58           |

|           |           |                    |    |    |    |    |    |    |
|-----------|-----------|--------------------|----|----|----|----|----|----|
| Michael   | Schrag    | Oakland            | CA | 43 |    | 58 |    | 58 |
| Derrick   | Christman | West Jordan        | UT | 40 | 58 |    |    | 58 |
| Jeff      | Cutter    | Roseville          | CA | 41 | 53 |    |    | 53 |
| Kevin     | Schwartz  | Oakland            | CA | 40 |    | 49 |    | 49 |
| Ron       | Dockswell | Roseville          | CA | 42 | 49 |    |    | 49 |
| Mike      | Woginrich | Oakland            | CA | 41 |    | 45 |    | 45 |
| Stacy     | Benson    | Davis              | CA | 42 | 45 |    |    | 45 |
| Sean      | Roland    | San Francisco      | CA | 41 |    |    | 41 | 41 |
| Sean      | Chernak   | Oakland            | CA | 41 |    | 41 |    | 41 |
| Brian     | Borgman   | Carson City        | CA | 43 | 41 |    |    | 41 |
| Dave      | Gynn      | San Francisco      | CA | 40 |    |    | 37 | 37 |
| Hareh     | Jayanthi  | San Francisco      | CA | 40 |    | 37 |    | 37 |
| Geoffrey  | Gomez     | El Dorado Hills    | CA | 44 | 37 |    |    | 37 |
| Alexander | Chin      | Rancho Palos Verde | CA | 43 |    |    | 34 | 34 |
| Kris      | Daly      | Woodland           | CA | 40 |    | 34 |    | 34 |
| Gary      | Bellig    | Danville           | CA | 40 |    |    | 31 | 31 |
| Timothy   | Grover    | Tracy              | CA | 40 |    |    | 28 | 28 |

**Female 45-49**

| <u>First Name</u> | <u>Last Name</u> | <u>City</u>   | <u>State</u> | <u>Age</u> | <u>Chanoko (21km)</u><br><u>Race #1</u> | <u>Redwood Peak (17km)</u><br><u>Race #2</u> | <u>Marin Headlands (21km)</u><br><u>Race #3</u> | <u>Total</u> |
|-------------------|------------------|---------------|--------------|------------|---|--|---|--------------|
| Lynn              | Sansom           | Roseville     | CA           | 48         | 100                                     |  |   | 100          |
| Virginia          | Landin Nelson    | Berkeley      | CA           | 45         |   | 100  | 100   | 200          |
| Carol             | Coleman          | Auburn        | CA           | 49         | 90                                      |  |   | 90           |
| Erin              | Beck             | Pleasant Hill | CA           | 49         |   | 90   |   | 90           |
| Betsy             | Mack             | San Jose      | CA           | 45         | 82                                      |  |   | 82           |
| Michelle          | Chantry          | Galt          | CA           | 46         | 75                                      |  |   | 75           |
| Kim               | Eger             | Roseville     | CA           | 49         | 69                                      |  |   | 69           |
| Landy             | Darrow           | Auburn        | CA           | 46         | 63                                      |  |   | 63           |
| Bethy             | Ronces           | Lafayette     | CA           | 46         |   |  | 90  | 90           |
| Kathleen          | Fazekas          | San Francisco | CA           | 49         |   |  | 82  | 82           |
| Jill              | Judd             | Aptos         | CA           | 49         |   |  | 75  | 75           |

**Male 45-49**

| <u>First Name</u> | <u>Last Name</u> | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Chanoko (21km)</u><br><u>Race #1</u> | <u>Redwood Peak (17km)</u><br><u>Race #2</u> | <u>Marin Headlands (21km)</u><br><u>Race #3</u> | <u>Total</u> |
|-------------------|------------------|-----------------|--------------|------------|---|--|---|--------------|
| <b>Brian</b>      | <b>Moffett</b>   | <b>Petaluma</b> | <b>CA</b>    | <b>49</b>  | <b>69</b>                               | <b>100</b>                                   | <b>100</b>                                      | <b>269</b>   |
| Roland            | Burgmann         | Berkeley        | CA           | 47         |   | 90   | 75  | 165          |
| Pike              | Reardon          | Gardnerville    | NV           | 46         | 100                                     |  |   | 100          |
| Brian             | Burbank          | Novato          | CA           | 46         |   |  | 90  | 90           |
| Chris             | Hill             | Rocklin         | CA           | 46         | 90                                      |  |   | 90           |
| Rodney            | Curry            | Oakland         | CA           | 45         |   |  | 82  | 82           |
| Rick              | Rodriguez        | Danville        | CA           | 47         |   | 82   |   | 82           |
| Richard           | Slavensky        | El Dorado Hills | CA           | 49         | 82                                      |  |   | 82           |
| Charlie           | Ferguson         | Alameda         | CA           | 46         |   | 75   |   | 75           |
| Stephen           | Meade            | San Ramon       | CA           | 45         | 75                                      |  |   | 75           |
| Gregory           | McCabe           | Novato          | CA           | 45         |   |  | 69  | 69           |
| Curtiss           | Jackson          | Pleasanton      | CA           | 47         |   | 69   |   | 69           |
| Christopher       | Caen             | Greenbrae       | CA           | 45         |   |  | 63  | 63           |
| Booth             | Borcherding      | Rancho Cordova  | CA           | 49         | 63                                      |  |   | 63           |
| John              | Eggert           | Castro Valley   | CA           | 46         |   |  | 58  | 58           |
| Mark              | Hawk             | Folsom          | CA           | 45         | 58                                      |  |   | 58           |
| Derek             | Schwarz          | San Francisco   | CA           | 49         |   |  | 53  | 53           |
| Jamie             | Johnson          | Lincoln         | CA           | 49         | 53                                      |  |   | 53           |
| Michael           | Dowd             | Torrance        | CA           | 45         |   |  | 49  | 49           |
| Kary              | Grabow           | Carson City     | NV           | 47         | 49                                      |  |   | 49           |
| Ron               | Hawkins          | Antioch         | CA           | 49         |   |  | 45  | 45           |
| Andy              | Darrow           | Auburn          | CA           | 45         | 45                                      |  |   | 45           |
| Jose              | Acevedo          | Cloverdale      | CA           | 48         |   |  | 41  | 41           |
| Alan              | Lambert          | Rocklin         | CA           | 47         | 41                                      |  |   | 41           |
| George            | Carvalho         | Alameda         | CA           | 47         |   |  | 37  | 37           |

**Female 50-54**

| <u>First Name</u> | <u>Last Name</u>   | <u>City</u>     | <u>State</u> | <u>Age</u> | <u>Chanoko (21km)</u><br><u>Race #1</u> | <u>Redwood Peak (17km)</u><br><u>Race #2</u> | <u>Marin Headlands (21km)</u><br><u>Race #3</u> | <u>Total</u> |
|-------------------|--------------------|-----------------|--------------|------------|---|--|---|--------------|
| <b>Alana</b>      | <b>Hendrickson</b> | <b>Campbell</b> | <b>CA</b>    | <b>51</b>  | <b>100</b>                              | <b>100</b>                                   | <b>100</b>                                      | <b>300</b>   |
| Kimberley         | Bean               | Oakland         | CA           | 53         |   | 90   |   | 90           |
| Kim               | Natzel             | Mountain View   | CA           | 50         | 90                                      |  |   | 90           |
| Anne              | Casagrande         | Granite Bay     | CA           | 53         | 82                                      |  |   | 82           |

**Male 50-54**

**Chanoko (21km) Redwood Peak (17km) Marin Headlands (21km)**

| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
|-----------------------|------------------|------------------|--------------|------------|-----------------------|----------------------------|-------------------------------|--------------|
| <b>Brian</b>          | <b>Paladini</b>  | <b>Roseville</b> | <b>CA</b>    | <b>53</b>  |                       | <b>100</b>                 | <b>75</b>                     | <b>175</b>   |
| Pete                  | Soucy            | Redwood City     | CA           | 54         |                       |                            | 100                           | 100          |
| Michael               | Sharp            | South Lake Tahoe | CA           | 52         | 100                   |                            |                               | 100          |
| Dave                  | Lampert          | Novato           | CA           | 53         |                       |                            | 90                            | 90           |
| Gary                  | Bean             | Oakland          | CA           | 54         |                       | 90                         |                               | 90           |
| Robert                | Coleman          | Auburn           | CA           | 54         | 90                    |                            |                               | 90           |
| Dale                  | Stapler          | Alpharetta       | GA           | 53         |                       |                            | 82                            | 82           |
| Rick                  | Forest           | Roseville        | CA           | 54         | 82                    |                            |                               | 82           |
| Rick                  | Raines           | Thomaston        | GA           | 53         |                       |                            | 69                            | 69           |
| <b>Female 55-59</b>   |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| Kate                  | Morejohn         | Davis            | CA           | 57         |                       |                            | 100                           | 100          |
| Paula                 | Ferre            | Concord          | CA           | 57         |                       | 100                        |                               | 100          |
| Meg                   | Thorburn         | Guelph           | ON           | 56         | 100                   |                            |                               | 100          |
| Joan                  | Steidinger       | Mill Valley      | CA           | 55         |                       |                            | 90                            | 90           |
| Wendy                 | Blackburn        | Sacramento       | CA           | 55         |                       | 90                         |                               | 90           |
| Dee                   | Lloyd            | Foresthill       | CA           | 55         | 90                    |                            |                               | 90           |
| <b>Male 55-59</b>     |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| JD                    | McKenna          | Colorado Springs | CO           | 57         |                       |                            | 100                           | 100          |
| Mick                  | Lockey           | Oakland          | CA           | 56         |                       | 100                        |                               | 100          |
| Mark                  | Haley            | Sacramento       | CA           | 55         | 100                   |                            |                               | 100          |
| David                 | Hay              | San Francisco    | CA           | 58         |                       |                            | 90                            | 90           |
| Gary                  | Casagrande       | Granite Bay      | CA           | 56         | 90                    |                            |                               | 90           |
| Lionel                | St. Pierre       | Orangevale       | CA           | 58         | 82                    |                            |                               | 82           |
| Aloysius              | Llaguno          | Granite Bay      | CA           | 59         | 75                    |                            |                               | 75           |
| <b>Male 60-64</b>     |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| Ricardo               | Gonzalez         | San Jose         | CA           | 60         |                       |                            | 100                           | 100          |
| <b>Male 65-69</b>     |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| Robert                | Tsubamoto        |                  |              | 69         |                       | 100                        |                               | 100          |
| Richard               | Cannon           | Granite Bay      | CA           | 65         | 100                   |                            |                               | 100          |
| <b>Male 70-74</b>     |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| Allen                 | Reid             | Roseville        | CA           | 70         | 100                   |                            |                               | 100          |
| <b>Challenged (M)</b> |                  |                  |              |            | <b>Chanoko (21km)</b> | <b>Redwood Peak (17km)</b> | <b>Marin Headlands (21km)</b> |              |
| <u>First Name</u>     | <u>Last Name</u> | <u>City</u>      | <u>State</u> | <u>Age</u> | <u>Race #1</u>        | <u>Race #2</u>             | <u>Race #3</u>                | <u>Total</u> |
| Andrew                | May              | Dublin           | CA           | 38         | 100                   |                            |                               | 100          |